

RECORDED AND MIXED AT BLACK NOISE STUDIO BY GIUSEPPE "REX" CARUSO
MASTERED AT MOONHOUSE STUDIO
PRODUCED BY THRASH INC. AND GIUSEPPE "REX" CARUSO
MUSIC BY PAOLO IACONO
LYRICS BY PAOLO IACONO
ALL SONGS ARRANGED BY THRASH INC. AND GIUSEPPE "REX" CARUSO
BACKING VOCALS BY GIUSEPPE "REX" CARUSO AND RAFFAELE CAMPUS

ARTWORK BY VALENTINA VICINI

REGRESSION CONTAINS A TRIBUTE TO MEGADETH

THANKS TO: OURSELVES, GIUSEPPE "REX" CARUSO, IRA, GORY BLISTER, PIRAZ, SACY E LUDO, FLAVIO "FRANK" ROMOLI, VALE, RICKY E PETER, MAR&AN&RA

T THRASHINCMETALBAND



YOUR PAIN, MY GAIN IN THIS SAND YOU'RE JUST A GRAIN STEELIN', CHILLIN' YOUR SOUL TIRED OUT!

NO SUN, NO LIGHT
JUST BLOOD AT YOUR SIGHT
PLEASE DON'T CALL ME
GO ON FALLING!

...DEEP... ...DOWN!

CAN'T LEAVE IT BLACK TOWER BURN IN THE BLACK TOWER

NO WAY TO ESCAPE 'ROUND YOU ONLY WALLS DON'T CRY, DON'T PRAY DON'T WAIT FOR A MIRACLE!

YOUR BEING'S FADING IN THE SMELL OF YOUR PRISON CELL NEVERENDING FALL NEXT STOP: LIVING HELL!

...DEEP....DOWN!

CAN'T LEAVE IT BLACK TOWER BURN IN THE BLACK TOWER

"PROXIMA EST TUA MORS Praecipita in Profundo"

BLACK TOWER

CAN'T LEAVE IT BLACK TOWER BURN IN THE BLACK TOWER

BLACK TOWER (LIVING HELL)



RAFFAELE CAMPUS/ BASS MASSIMO GRAGLIA/ DRUMS

PAOLO IACONO/ GUITAR&VOCALS HEY, LORD - MY WORLD'S FALLING DOWN LET ME SEE WHERE'S YOUR CROWN? SALT TEARS SLOWLY FEED MY MOUTH WHY I HEAR CRIES ALL AROUND?

CAN'T LET MY MEMORIES BRING ME DOWN...
GOD. WANT YOU TELL ME

WHERE'S YOUR CROWN? WHERE'S YOUR CROWN? WHERE'S YOUR CROWN? WHERE ARE YOU?

SHE WAS TOO YOUNG TO DIE You took her breath in A While Four years old – tears when you talked Please stay away when I walk

FLAMES IN THE SKY INSTEAD OF THE SUNTELL ME AGAIN

...WHERE'S YOUR CROWN?...

SALT TEARS

BULLETS AND FREEDOM
NOTHING TO CHOOSE
SCREAMING IN THE NIGHT
WOMEN ABUSE
SMILING IN THE PICTURE
LOADING THE FUSE

PUSHING YOUR REASONS NEVER MORE SEASONS

NO MORE FIGHTS
RESTORE OUR RIGHTS

WARY OF YOUR WELCOME FEELING THE COLD WARM ARE THE WORDS BLACK THE GOLD KEEPING THE PEACE OIL TO BE SOLD

SHINING TEMPTATION
BE YOUR DAMNATION

NO MORE FIGHTS
RESTORE OUR RIGHTS

NO MORE FIGHTS
NO MORE YOUR LIES

SAVE ME, IN MY FUTURE ROADS ARE BLACK

FACE ME,
DON'T YOU HIDE BEHIND THESE WALLS

WATCH ME, LIVING FULL OF EMPTINESS

LEAVE ME, SOON YOU'LL LEARN TO TASTE MY WRATH!

SHOOTING ALL THE STRANGERS LIFE IS A WHEEL RECOVERING THE LANDS TEMPER OF STEEL LOADING ALL THE WEAPONS READY TO KILL

COLD IN THE RAIN FEELING THE PAIN

NO MORE FIGHTS RESTORE OUR RIGHT

NO MORE FIGHTS NO MORE YOUR LIES

NO MORE LIES

ENEMY — IN THE MIRROR I CAN SEE JUST SOMEONE ELSE CLOSE TO ME — CAN YOU FEEL MY BREATH INCREASING ON YOUR SHOULDERS? FOLLOW ME — IN MY HEAD YOU'LL FIND A PRISON FOR MYSELF MISERY AND NO MERCY FOR MY KILLINGS — I'M A SOLDIER

VENOMOUS LIKE A POISON LYING HIDDEN
IN MY BRAIN
THIRSTY FOR THE NEW BLOOD OF A YOUNG
PREY — I'LL SEEK YOU
DANGEROUS BUT I DON'T LIKE WHEN YOU
TALK ABOUT "INSANE"
NOBODY IN THE DARKNESS — JUST THE
SILENCE WHEN I'LL REACH YOU

HEAR A WHISPER OF INSANITY
DANCING SHADOWS NEED TO SPEAK WITH ME
WHEN YOU'LL FALL ASLEEP MY WORK WILL
BE DONE
ALL I HAVE TO DO IS CLENCH MY GUN

PROVIDENCE — I'M AN ANGEL TO DELIVER
YOU FROM YOUR SIN
YOU'RE TOO PROUD, MY INCOMING IN
YOUR LIFE IS LIKE A WONDER
NO DEFENCE FOR YOUR BODY, FOR YOUR
SOUL AND FOR YOUR SKIN
BLACK CLOUDS IN THE SKY, ARE YOU
READY FOR THE THUNDER?

HEAR A WHISPER OF INSANITY
DANCING SHADOWS NEED TO SPEAK WITH ME
WHEN YOU'LL FALL ASLEEP MY WORK WILL
BE DONE
ALL I HAVE TO DO IS POINT MY GUN

ENEMY — IN THE MIRROR I CAN SEE JUST SOMEONE ELSE CLOSE TO ME — CAN YOU FEEL MY BREATH INCREASING ON YOUR SHOULDERS? FOLLOW ME — IN MY HEAD YOU'LL FIND A PRISON FOR MYSELF MISERY AND NO MERCY FOR MY KILLINGS — I'M-A SOLDIER

HEAR A WHISPER OF INSANITY
DANCING SHADOWS NEED TO SPEAK WITH ME
WHEN YOU'LL FALL ASLEEP MY WORK WILL
BE DONE
ALL I HAVE TO DO IS FIRE MY GUN

FIRE!

WHISPER OF INSANITY

IN MY WORLD I SEE NO RETURN
THOUSANDS SHOT IN THE NAME OF GOD

BELIEVE IN ME... BREAK YOU DOWN! BELIEVE IN ME... NO WAY OUT!

LANDS OF LAMBS READY TO BE BURNED SMOKE AND FLAMES, DO YOU KNOW MY NAME?

BELIEVE IN ME... BREAK YOU DOWN! BELIEVE IN ME... I'LL BREAK YOU DOWN!

IN MY WORLD SKIES ARE PAINTED BY BLOOD PEACE TO COME, JUSTICE NEVER DONE

BELIEVE IN ME... Break you down! Believe in Me...

IN MY WORLD I SEE NO RETURN

NO RETURN

SMELL OF YOUR DEATH IN THE AIR
WATCHING YOU DIE I DON'T CARE
HERE YOU WON'T FIND ANY RULE
JUST FOR THE FLAMES YOU'LL BE FUEL

STEP BY STEP
COMES THE DEATH
IS GROWING YOUR COLD COLD SWEAT?

BACK TO THE HELL (4 TIMES)

HELL, AND THIS NIGHTMARE IS REAL SCARED OF THE SCREAMS THAT YOU HEAR? I READ THE FEAR IN YOUR EYES CAN SAY GOODBYE TO YOUR LIFE

ONCE AGAIN FEEL THIS PAIN NO WAY TO BREAK THIS CHAIN

BACK TO THE HELL (4 TIMES)

HELL, AND THIS NIGHTMARE IS REAL SCARED OF THE SCREAMS THAT YOU HEAR? I READ THE FEAR IN YOUR EYES CAN SAY GOODBYE TO YOUR FUCKIN' LIFE

STEP BY STEP COMES THE DEATH IS GROWING YOUR COLD COLD SWEAT?

BACK TO THE HELL (4 TIMES)

BACK TO THE HELL



IT'S THE LAST SOLUTION
TO DEFUSE YOURSELF
SO MUCH SWEET TEMPTATION
REACHING THE PAIN INTO YOUR BRAIN

A LITTLE AMPUTATION YOU'RE MY LIVING TEST FULL ERADICATION SPENDING THE LIFE GLAZED IN YOUR EYES

YOUR LOBOTOMY
IS THE ONLY WAY I SEE
YOUR LOBOTOMY
IS THE ONLY WAY I SEE

BRAIN LOBOTOMY
TO RESTORE YOUR SANITY
YOUR LOBOTOMY
IS THE ONLY WAY

WHITE HALLUCINATIONS
MIST BEFORE MY EYES
SENSE OF SUFFOCATION
BLACK IN MY MIND — NEED TO REWIND

LIFE IS AN ILLUSION I WILL FADE TO BLACK PSYCHICAL REGRESSION PLANNING MY DEATH BREAKING THE BREATH

YOUR LOBOTOMY
IS THE ONLY WAY I SEE
YOUR LOBOTOMY
IS THE ONLY WAY I SEE

BRAIN LOBOTOMY
TO RESTORE YOUR SANITY
YOUR LOBOTOMY
IS THE ONLY WAY

SHADOWS ALL AROUND MYSELF I SEE MEMORIES TOMORROW WILL BE THROUGH - LIE! SCREAMS SINCE I WAS SEVENTEEN SKY FOR ME HAS NEVER BEEN BLUE - DIE!

SHADOWS ALL AROUND MYSELF I SEE MEMORIES TOMORROW WILL BE THROUGH SCREAMS SINCE I WAS SEVENTEEN SKY FOR ME HAS NEVER BEEN BLUE

LOBOTOMY

SHADOWS ALL AROUND MYSELF I SEE MEMORIES TOMORROW WILL BE THROUGH SCREAMS SINCE I WAS SEVENTEEN SKY FOR ME HAS NEVER BEEN BLUE

NO SALVATION FOR MYSELF DESPERATION!

IT'S THE LAST SOLUTION!

LOBOTOMY

"...THERMAL COUNT IS RISING
IN PERPETUAL WRITHING
THE PRIMORDIAL OOZE
AND THE SANITY THEY LOSE

AWAKENED IN THE MORNING
TO MORE AIR POLLUTION WARNINGS
STILL WE SLEEPWALK OFF TO WORK
WHILE OUR NERVOUS SYSTEMS JERK..."

(FROM "DAWN PATROL", MEGADETH)

HEY, THAT'S NOT MY LIVING LET ME SEE YOUR LIGHT JUST I'VE LOST MY FEELINGS PLEASE, CLOSE MY EYES...

"... PRETENDING NOT TO NOTICE
HOW HISTORY HAD FOREBODE US
WITH THE GREEN HOUSE IN EFFECT
OUR ENVIRONMENT WAS WRECKED

NOW I CAN ONLY LAUGH AS I READ OUR EPITAPH WE END OUR LIVES AS MOLES IN THE DARK OF DAWN PATROL..."

(FROM "DAWN PATROL", MEGADETH)

HEY, THAT'S NOT MY LIVING CAN YOU HEAR THIS CRY? HERE MY BONES ARE SCREAMING HELP ME TO DIE... REGRESSION — NO LIGHT IN THE SKY REGRESSION — BURNIN' MY LUNGS REGRESSION — TRAPPED IN THIS LIFE REGRESSION — DEAD IS THE UNBORN...

REGRESSION!

"...PRETENDING NOT TO NOTICE HOW HISTORY HAD FOREBODE US WITH THE GREEN HOUSE IN EFFECT OUR ENVIRONMENT WAS WRECKED

NOW I CAN ONLY LAUGH AS I READ OUR EPITAPH WE END OUR LIVES AS MOLES IN THE DARK OF DAWN PATROL...

(FROM "DAWN PATROL", MEGADETH)

HEY, THAT'S NOT MY LIVING LET ME SEE YOUR LIGHT JUST I'VE LOST MY FEELINGS PLEASE, CLOSE MY EYES...

... HELP ME TO DIE ...

REGRESSION

THEY PRAY - YOU'LL SEE THEIR GOD - NOT ME SMASH, CRASH AT WAR...NOW!

THAT'S MY WILL COME AND KILL NO REGRETS THOUSAND DEATHS

HAMMER'S FALLING DOWN PUSHING ON THE GROUND LIGHTNING FROM THE SKY TOO LATE, THEY WILL DIE!

LOOK AT THE GROWING DISEASE FIGHT IT WITH ME, OVER THE SEAS WHEN I'LL KNOCK ON YOUR DOOR BOW TO YOUR GOD, FOLLOWING THOR

YOU'RE GONE INSANE TO POINT YOUR BLADE DISCLAIM YOUR GUIDE YOU'LL PAY YOUR PRIDE

DESPERATE
TASTE MY HATE
TEARS AND FEAR
END IS NEAR

TRY TO SAVE YOURSELF FOR YOU I'M TOO FAST FIGHTING YOUR LAST WAR FLESH AND BLOOD — I'M THOR! LOOK AT THE GROWING DISEASE FIGHT IT WITH ME, OVER THE SEAS WHEN I'LL KNOCK ON YOUR DOOR BOW TO YOUR GOD, FOLLOWING THOR

THEY PRAY THEIR GOD THE FLESH WILL BURN NO BLOOD IN VEINS SURVIVED IN CHAINS NO LIFE, NO MORE I'M THOR

MY WORK IS DONE SURVIVED NO ONE HARD TO BELIEVE YOUR GOD IS ME!

ON THIS FIELD A SORRY YIELD CRACK OF DOOM FOR MEN IN BLOOM

YOUR EMPIRE TODAY
STARTED TO DECAY
MASTER OF THE WAR
I'M THE ONE, I'M THOR!

LOOK AT THE GROWING DISEASE FIGHT IT WITH ME, OVER THE SEAS WHEN I'LL KNOCK ON YOUR DOOR BOW TO YOUR GOD, FOLLOW ME!

THOR





